1. Raw meat diets for pets have become increasingly popular, but there is no ---- that they are healthier than typical pet foods.
   A) argument
   B) objection
   C) evidence
   D) effort
   E) challenge

2. Most hysterectomy surgeries are done for ---- reasons, because this surgery has minimal long-term risks.
   A) malicious
   B) vulnerable
   C) detrimental
   D) hazardous
   E) benign

3. Nursing is a difficult, stressful profession and it needs to be valued and rewarded ----.
   A) accordingly
   B) effortlessly
   C) primarily
   D) deliberately
   E) slightly

4. While zinc doesn’t appear to prevent colds, it may help shorten their length and lessen the ----.
   A) benefit
   B) severity
   C) shortage
   D) diagnosis
   E) treatment

5. Epilepsy drugs are ---- to control seizures, and rarely surgery is necessary if medications are ineffective.
   A) eliminated
   B) grabbed
   C) prescribed
   D) enhanced
   E) granted

6. The average smoker starts to feel the symptoms of withdrawal within an hour of ---- his last cigarette.
   A) giving in
   B) passing out
   C) crossing over
   D) handing in
   E) putting out
7. Most adults ______ between seven and nine hours a night to ensure they ______ at their best.
A) may need / were functioning
B) need / are functioning
C) would need / could function
D) needed / functioned
E) are needing / function

8. Researchers ______ a number of factors that ______ to play a role in the development of schizophrenia.
A) uncovered / have appeared
B) had uncovered / appeared
C) will uncover / had appeared
D) had to uncover / are appearing
E) have uncovered / appear

9. When panic and anxiety symptoms ______ into anxiety attacks and panic attacks, it ______ an anxiety disorder.
A) will escalate / will be
B) had escalated / should be
C) escalated / might be
D) escalate / may be
E) are escalating / would be

10. Sedentary means a lifestyle that includes light physical activity associated ______ typical activities ______ daily living.
A) with / of
B) to / in
C) of / over
D) at / for
E) from / at

11. There are a number of birth control methods ______ are highly effective in preventing pregnancy.
A) who
B) in which
C) what
D) that
E) of which

12. A good workout can help you get over addictions ______ you don't become hooked on the activity itself.
A) unless
B) while
C) before
D) until
E) as long as
13. Many kids assume that common household drugs or even prescription medicines are safer than street drugs ---- they're legal.

A) because  
B) though  
C) whereas  
D) until  
E) even if

14. ---- the flu vaccine may prevent the flu, most conventional medications just ease symptoms.

A) As long as  
B) Because  
C) When  
D) While  
E) After

15. It is argued that psychologists should investigate ---- mental illness ---- what makes life worth living.

A) as / as  
B) not only / but also  
C) so / that  
D) more / than  
E) whether / or

16. ----the price of nursing education goes up, demand for these courses will fall.

A) Although  
B) Unless  
C) In case  
D) If  
E) So that

17. Hepatitis C affects your liver the most, ---- it can cause problems with other body parts, too, including your skin.

A) given that  
B) so  
C) but  
D) as long as  
E) because

18. One way to support the health of the gut is to consume dietary probiotics, ---- yogurt, kefir and kombucha.

A) in addition to  
B) such as  
C) like  
D) due to  
E) in spite of

19. ---- pharmaceutical companies, supplement manufacturers don't have to prove that their products are effective, only that they are safe.

A) Unlike  
B) Despite  
C) Because of  
D) In terms of  
E) Regardless of

20. Millions of people have some kind of thyroid disease, and women are five to eight times ---- likely ---- men to have a thyroid problem.

A) both / and  
B) more / than  
C) rather / than  
D) neither / nor  
E) hardly / when
Antibiotic resistance is one of the greatest challenges (21) mankind. We risk a future of common infections and minor injuries once again proving (22) – plus longer hospital stays and higher medical costs. Some infections are already no longer treatable with current drugs. (23) 700,000 people die each year around the world (24) – and some studies predict 10 million more fatalities from cancer by 2050. To avoid this “antibiotic apocalypse”, everyone (25) we need to limit the quantities of antibiotics people are taking.

**21.**
A) faced  
B) facing  
C) to have faced  
D) being faced  
E) to be faced

**22.**
A) beneficial  
B) strange  
C) abnormal  
D) consistent  
E) fatal

**23.**
A) Around  
B) By  
C) With  
D) For  
E) As

**24.**
A) otherwise  
B) nonetheless  
C) as a result  
D) as well  
E) indeed

**25.**
A) acknowledges  
B) engenders  
C) postpones  
D) denies  
E) ignores
People often (26) ---- to do something “perfectly” or to wait for the “perfect time” before starting. But this (27) ---- to procrastination, long delays or even prevent us from doing it at all. And that causes stress and anxiety. Instead, why not just start by “doing it badly” and without worrying about (28) ---- it's going to turn out. This will not only make it much easier (29) ----, but you'll also find that you're completing tasks much more quickly than before. More often than not, you'll also discover that you're not doing it that badly after all – (30) ---- you are, you can always fine tune it later.

26. A) wanted  
   B) have wanted  
   C) had wanted  
   D) are wanting  
   E) want  

27. A) can lead  
   B) must lead  
   C) used to lead  
   D) should lead  
   E) had to lead  

28. A) why  
   B) where  
   C) how  
   D) whether  
   E) that  

29. A) beginning  
   B) to begin  
   C) begun  
   D) having begun  
   E) to have begun  

30. A) since  
   B) even if  
   C) unless  
   D) until  
   E) as soon as
31. Because the influenza virus changes from year to year, ----.

A) scientists have no trouble treating such diseases
B) hospitals are not sanitized properly in most countries
C) the pharmaceutical industry is not willing to take it seriously
D) its damage doesn't extend beyond local areas
E) a new vaccine is created before the start of each flu season

32. Unless progress is made in tackling obesity, ----.

A) food scarcity will become a more issue in the foreseeable future
B) the eating habits of the obese cannot be changed easily
C) the health budget of developing countries should be increased
D) the prevalence of obesity will keep falling faster than usual
E) increasingly more people will be diagnosed with the disease every year

33. Whether you're open about your diabetes or you want to keep it private, ----.

A) health authorities are trying to raise awareness about it
B) it takes more than determination to adopt a healthy lifestyle
C) it can come up out of the blue and put you on the spot
D) sugar consumption has been on the rise for several decades
E) diabetes is now prevailing even among the youngsters

34. By the time you notice changes on your skin caused by the Hepatitis C virus, ----.

A) the virus will already damage your liver
B) treatments are individualized according to the severity of symptoms
C) patients are quarantined in secure locations
D) you may have suffered from rashes on your skin
E) it may ease your pain to a great extent

35. While using your hands is a good way to keep germs from spraying all over the place, ----.

A) germs spread quickly in almost all environments
B) sanitation should be taken into consideration at all times
C) it is possible to get rid of such organisms by using chemicals
D) it's almost counterproductive if you don't clean your hands afterwards
E) you cannot prevent contact with microbes without chemicals

36. Women experience the menopause between the ages of around 45 and 55, ----.

A) but their experiences of this significant stage of life are diverse
B) so they experience dramatical physiological changes
C) if the onset of the menopause is delayed for a few years
D) because they experience a variety of symptoms as a result of hormonal changes
E) although some become more prone to a number of health conditions
37. Exercise can strengthen the muscles around the joints, ----.
A) but you eventually become strong enough to endure physical strain
B) so that the negative effects of aging can be reduced
C) although strenuous exercise may be harmful for the elderly
D) which helps take stress off them
E) because recovery from exercise takes some time

38. Folic acid plays an essential role in fetal neural development, ----.
A) even if dietary supplementation with folic acid is beneficial
B) because it should first be processed by the body
C) but its has been associated with abnormalities
D) although it is required for growth and development of the fetus
E) so its deficiency could possibly lead into severe developmental problems

39. Many people use cognitive-behavioral therapy or exposure therapy, ----.
A) even if they share common psychological and biological vulnerabilities
B) but they are known to improve quality of life in anxiety patients
C) in which they learn to slowly face their fears
D) since their effectiveness is subject to debate
E) in case complexities arise during the procedure

40. It remains unclear how general anesthesia works, ----.
A) even though it takes only a few minutes to sedate the patient
B) even though it is one of the most common medical procedures worldwide
C) because it helps relieve pain during surgeries
D) so dizziness after anesthesia may last for several hours
E) unless doctors approve of anesthetic procedures

41. Bronchitis is an inflammation in the lungs ----.
A) since the chance of complete recovery is low
B) although it also spreads through physical contact
C) yet it often causes severe coughing
D) that can be caused by exposure to smoke, chemical irritants, or bacteria
E) as most cases can be treated within a few days
42. Without treatment, the injured ACL is less able to control knee movement, and the bones are more likely to rub against each other.

A) Tedavi olmazsa, ACL zedelenmesi meydana geldiğinde diz hareketlerini kontrol etmek zorlaşır ve kemikler birbirine sürtmeye başlar.

B) Tedavi olmadan, zedelenmiş ACL diz hareketini daha az kontrol edebilir, ve kemiklerin birbirine sürtmesi daha olasidir.

C) ACL yaralanmaları tedavi edilmediği sürece kemikler birbirine sürttüğünden dolayı diz hareketlerini kontrol etmek başarsız olur.

D) Tedavi olmayan ACL zedelenmeleri sonucu kemiklerin birbirine sürtme ihtimali artar ve diz hareketlerini kontrol etmek zorlaşır.

E) Kemiklerin birbirine sürtmesi yüzdenden meydana gelen ACL zedelenmesi tedavi edilmemse diz hareketlerini kontrol edemeyiz.

43. Exercise fights obesity and lowers levels of hormones like estrogen and insulin, which have been linked to cancer.

A) Kanserle ilişkilendirilen östrojen ve insülin gibi hormonların seviyelerinde düşüş meydana gelmesi obeziteye karşı savaşta çok önemlidir.

B) Obeziteye karşı savaş vermek için egzersiz vasıtasıyla östrojen ve insülin gibi hormonların seviyelerinde düşüş sağlanmalıdır.

C) Egzersiz sayesinde kanserle ilişkilendirilen östrojen ve insülin gibi hormonların seviyelerinde düşüş yaşanır ve obeziteye karşı savaş verilir.

D) Egzersiz kanserle ilişkilendirilmekte olan östrojen ve insülin gibi hormonların seviyelerinde düşüşe yol açarak obeziteye karşı savaşır.

E) Egzersiz obeziteyle savaşır ve kanserle ilişkilendirilmiş olan östrojen ve insülin gibi hormonların seviyelerini düşürür.
46. Air that's polluted with chemicals like sulfur dioxide or nitric oxide can trigger a cough.

A) Öksürüğü sülfür dioksit ve nitrik oksit gibi kimyasallarla kirlenen hava tetikleyebilir.

B) Sülfür dioksit ve nitrik oksit gibi kimyasallarla kirlenen hava öksürüğünü tetikleyebilir.

C) Sülfür dioksit ve nitrik oksit gibi kimyasallarla meydana gelen hava kirliliği öksürüğe neden olabilir.

D) Hava sülfür dioksit ve nitrik oksit gibi kimyasallarla kirlendiğinde öksürüğe yol açabilir.

E) Hava eğer sülfür dioksit ve nitrik oksit gibi kimyasallarla kirlenirse öksürüğü tetikler.

47. Sometimes tonsils get so swollen that they put pressure on the Eustachian tubes.

A) Bazen bademcikler öyle şişer ki Östaki tüplerine baskı uygular.

B) Bademciklerin şişmesiyle birlikte Östaki tüplerindeki baskı artması kaçınılmazdır.

C) Bazen bademciklerin şişmesiyle Östaki tüpleri üzerindeki baskı da artar.

D) Bademciklerin şişmesi bazen Östaki tüplerinin üzerindeki baskını artmasına sebep olur.

E) Bazen Östaki tüpleri üzerindeki baskının artmasına sebep olan şey bademciklerin şişmesidir.

48. - 53. sorularda, verilen Türkçe cümleye anlamca en yakın İngilizce cümleyi bulunuz.

48. Doğal tedaviler alerji ilaçlarınızın yerine geçemez, fakat onların yanında işe yarayabilirler.

A) Allergy medications cannot be replaced by natural treatments, but they can exist all together.

B) Natural treatments can't replace your allergy medications, but they can work alongside them.

C) In order for natural treatments to be effective, they should be used alongside allergy medications.

D) The efficiency of natural treatments declines unless used alongside allergy medications.

E) If natural treatments replace allergy medications, they may not be as effective as intended.
50. Bagirsaklarinizda birçok farklı bakteri türune sahip olmanin birçok faydası vardır.

A) There are many advantages to accommodating different types of bacteria in the gut.

B) All it takes for a healthy gut is to have many different types of bacteria in it.

C) The benefits of having lots of different types of bacteria in your gut are numerous.

D) The diversity of gut bacteria is known to provide many different benefits.

E) Having lots of different types of bacteria in your gut has many health benefits.

51. Insan rahim naklinin ana amacı kadın hastalarda doğurganlığı geri getirmektir.

A) The primary purpose of a human uterus transplant is to restore fertility in female patients.

B) Human uterus transplants are primarily carried out for the sake of restoring fertility in female patients.

C) The primary goal of human uterus transplants in female patients is to restore infertility.

D) Human uterus transplants are primarily carried out to restore fertility in female patients.

E) In order to restore fertility in female patients, a transplanting a human uterus is the primary option.

52. Virüsler ve bakteriler gibi diğer mikroplarla birlikte mantarlar dünya çapında kayda değer bir hastalık yükü oluşturmaktadır.

A) What creates a significant diseases burden worldwide is the persistence of fungi as well as microbes such as viruses and bacteria.

B) Because of microbes such as viruses and bacteria as well as fungi, there has occurred a significant disease threat all over the world.

C) Along with other microbes, such as viruses and bacteria, fungi present a significant disease burden worldwide.

D) In addition to microbes, such as viruses and bacteria, fungi are globally considered as a significant disease burden.

E) The existence of microbes such as viruses and bacteria along with fungi has dramatically increases the incidence of diseases worldwide.

53. Sürücüsüz araçlar ve diğer teknolojiler ilk yardım personelinin yükünü birazını alabilir.

A) Autonomous ambulances and similar technologies could be used to reduce the strain on emergency services.

B) Driverless ambulances and other technologies may help reduce some of the load off emergency services.

C) Some of the strain on emergency services could be reduced by incorporating driverless ambulances and other technologies.

D) Driverless ambulances and other technologies could take some of the strain off the emergency services.

E) The strain on emergency services could be partially lowered by driverless ambulances and other technologies.
54. - 59. sorularda, boş bırakılan yere, parçada anlam bütünlüğünü sağlamak için getirilebilecek cümleyi bulunuz.

54. Unfriendly doctors are less likely to get enough information from patients to make the right diagnoses, or prescribe the right treatments. One study even showed that unempathetic doctors could cause harm by scaring patients away from medical care when they need it.

A) Not all doctors have enough chance to develop empathy with their patients.
B) Some patients are likely to take their pills as prescribed.
C) Empathy is needed to be a good doctor.
D) There is not much of a difference between the performance of male and female doctors.
E) Spending more time with patients is key to developing communication.

56. The costs and risks of vaccines are vastly outweighed by the costs and risks of a serious infectious disease. In particular, every child who is not vaccinated represents a risk for those who cannot be vaccinated for medical reasons (such as those who are allergic to vaccines or have a suppressed immune system) and for those for whom vaccination turns out to be ineffective.

A) Vaccination is mandatory in almost all countries.
B) There are groups fighting for the right to refuse vaccination for children.
C) Eradicating infectious diseases has turned out to be harder than expected.
D) People have a moral duty not to harm others.
E) So harming other people when the cost of avoiding it is so small is unethical.

55. Far from being a benign childhood illness, measles is highly infectious and dangerous. Just visiting a room where an infected person has been within a couple of hours can be sufficient for a susceptible person to catch the disease. It can cause a number of complications such as ear infections, pneumonia, meningitis, gastroenteritis or brain damage from encephalitis.

A) There are many reasons for the causes of current outbreaks in Europe.
B) It spreads rapidly in unvaccinated populations, through direct contact and the air.
C) Nearly all of the recorded deaths have been in unvaccinated individuals.
D) Measles can also cause incurable conditions.
E) Deaths from measles were common in the past primarily due to lack of vaccination.

57. Smoking is the major cause of preventable cancer in women. In the past, lung cancer was much less common in women than it was in men – thanks in large part to women smoking less. However, from the mid-20th century onwards, increasing numbers of women took up smoking, even as it became less popular among men.

A) In most countries, lung cancer is now the second most common cancer in both men and women.
B) Tobacco use is still prevalent all over the world.
C) Significant progress has been achieved in terms of smoking cessation.
D) Half the deaths caused by smoking occur in middle age, decreasing average lifespan.
E) Among the 250 known harmful chemicals in tobacco smoke, at least 69 can cause cancer.
58. ---- For example, there is evidence that short immersions in cold water improves the body's response to high altitude stress. Having become adapted to cope with one, the body is also better at coping with the other.

A) Cold water swimmers have fewer infections than their non-swimming partners.
B) In many nations there is a cultural tradition of cold water dips on special occasions.
C) Hypothermia is regarded as the major threat from being in cold water.
D) There is no doubt that physiological responses to immersion in cold water are dangerous.
E) Adapting the body to cold water enhances its ability to adapt to other stresses.

59. The immune system reacts similarly to a high fat and high calorie diet as to a bacterial infection. ---- Even long after switching to a healthy diet, inflammation towards innate immune stimulation is more pronounced. These changes may therefore be involved in the development of diseases such as arteriosclerosis and diabetes.

A) Without an immune system, our bodies would be open to attack from bacteria.
B) Unhealthy food seems to make the body's defenses more aggressive in the long term.
C) Scientists cannot explain why Western diets have high rates of diabetes.
D) Carbohydrates, like the other macronutrients, are not simply good or bad.
E) Balanced nutrition enhances the resistance against infections.

60. (I) The supermarket is full of things that appear to be diabetes-friendly because they don't have added sugar. (II) Figuring out what's healthy and what isn't can be confusing. (III) But many have sugar substitutes that contain carbs. (IV) That means they could send your blood sugar levels soaring. (V) Therefore, before buying something, you should check the nutrition facts to see how many grams of carbs are in each serving and how much sugar is added.

A) I B) II C) III D) IV E) V

61. (I) Fatty liver could be the most common disease you've never heard of. (II) At least 1 out of 4 people have it, which is more people than diabetes and arthritis combined. (III) And lots of those who have it may not know they have it or even what it is. (IV) Most times, this liver disease is mild, but it can lead to more serious health problems. (V) In fact, you can often control or reverse fatty liver with smart changes to your lifestyle.

A) I B) II C) III D) IV E) V

62. (I) Most of us worry about our health at some point. (II) Worries about your health are short-lived and disappear after symptoms go away. (III) You may notice a new symptom or change in your body and become convinced it's a sign of a horrible illness. (IV) But, it can be helpful to be concerned about your health. (V) This is the type of concern that might motivate you to visit your doctor to check a sore back, apply sunscreen to prevent skin cancer, eat well, exercise or drink enough water.

A) I B) II C) III D) IV E) V
63. (I) Pancreatic cancer is one of the most deadly cancers. (II) It has a five-year survival of just 3%, and a ten-year survival of less than 1%. (III) The prime reason for these depressing figures is that the disease is very difficult to detect in the early stages. (IV) By the time it is detected, it is often incurable. (V) Researchers try hard to come up with ways to detect pancreatic cancer at the early stages.

A) I  B) II  C) III  D) IV  E) V

64. (I) Omega 3 is a form of fatty acid. (II) It comes in many forms, two of which are very important for brain development and mental health: EPA and DHA. (III) A healthy adult should get a minimum of 250-500 mg of omega 3 fatty acids, daily. (IV) These types are primarily found in fish. (V) Another type of omega 3 – ALA – is found in plant-based foods, such as nuts and seeds, including walnuts and flax seeds.

A) I  B) II  C) III  D) IV  E) V

65. (I) Vitamin D is a peculiar vitamin in that it is synthesised in our bodies with the aid of sunlight. (II) People who live in cold countries, or who spend a lot of time indoors, are therefore at risk of a deficiency. (III) People with darker skin tone are also more at risk of vitamin D deficiency as melanin slows down skin production of vitamin D. (IV) We now believe vitamin D deficiencies can result in a less efficient immune system. (V) It is estimated that about a billion people are deficient in the vitamin.

A) I  B) II  C) III  D) IV  E) V
Most people usually link the phrase “heart attack” with “massive”; something you are undisputedly aware of. Some are massive and, in these instances, it's relatively easy to know if it is indeed a heart attack. Typically, there will have been crushing chest pain lasting more than a few minutes. One would hope this has led to an immediate call to an ambulance. Often ambulance officers will have performed an electrocardiogram (ECG) and transmitted the results to the hospital, which will have selected and be ready with the appropriate treatment. In this case, the chest pain and the characteristic ECG changes are enough – those wiggly lines mean a lot to an experienced reader. However, most heart attacks are not “massive”. In these instances, further tests are necessary and the diagnosis can become quite challenging. The pain may not be typical and the ECG may be normal or difficult to interpret.

66. According to the passage, ECG ----.

A) is present in few ambulances worldwide
B) is the most important component of hospitals
C) helps determine a suitable treatment for patients that suffer heart attacks
D) is highly unpredictable in critical conditions
E) is of little to no use in terms of diagnosing heart issues

67. It is stated in the passage that the majority of heart attacks ----.

A) happen upon transfer to hospitals
B) cannot be instantly diagnosed due to lack of apparent symptoms
C) can easily be diagnosed even by patients themselves
D) deteriorate the health of patients in a relatively short while
E) can be diagnosed even without an electrocardiogram

68. It can be inferred from the passage that ----.

A) it takes little effort to make sense of electrocardiograms
B) symptoms of massive heart attacks are not easy to recognize
C) ambulances are not equipped with proper devices to deal with heart attacks
D) heart attacks have become noticeably more common
E) in some cases one may not realize the incidence of a heart attack
Running in the heat causes the body's core temperature to rise. The body works best when the core temperature is maintained at 37°C, so to help keep the body cool, the body starts to sweat, allowing the heat to evaporate. This sweating causes water loss from the blood and can lead to dehydration. To help with the sweating, blood vessels dilate to allow more blood to be diverted to the surface of the skin. This is why people go red and their blood vessels may be more visible in hotter conditions. The issue is that less blood is available to be delivered to the working muscles, which in turn, puts a strain on the body, especially the heart. As a result, sweating can lead to dehydration and so exercising in the heat may make you feel tired rather quickly.

69. The passage mainly deals with ----.
A) the reason why human beings sweat
B) what happens in the aftermath of running in the heat
C) the effects of excessive sweating
D) how running in the heat contributes to our health
E) the importance of blood volume for performance

70. According to the passage, heat evaporation in the body occurs when ----.
A) blood vessels fail to dilate in a normal way
B) the surface of the skin is exposed to hot weather
C) people remain dehydrated for extended periods
D) there are issues in blood circulation
E) the core temperature surpasses the natural threshold

71. It can be inferred from the passage that ----.
A) blood circulation strains the body in the heat
B) sweating is a sign of underlying health issues
C) staying hydrated while exercising is critical to feeling energetic
D) one should refrain from running in the heat at all costs
E) people with cardiovascular issues should stay indoors during summer
Over the past ten to 15 years, researchers have widened the scope of sleep and mental health research to investigate the relationship between poor sleep – including insomnia – and an increased risk of suicide. Within this framework various research groups around the world began to examine whether poor sleep was related to increased suicidal thoughts but also whether a person who sleeps poorly is more likely to attempt, or complete, a suicide or not. It soon became clear that a strong association between poor sleep and suicide existed and that the severity and duration of insomnia symptoms and nightmares were associated with increased suicidal thoughts. Especially interesting is that in almost all these studies the relationship between poor sleep and suicide existed independently of a diagnosis of depression or the number of depressive symptoms experienced.

72. It is stated in the passage that ----.

A) there is a strong link between insomnia and suicidal thoughts
B) suicide has little to do with overall sleep duration
C) insomnia is the primary cause of suicidal ideation
D) sleep quality determines your attitude towards life
E) lack of sleep even for a temporary period may result in great trouble

73. It is pointed out in the passage that the likelihood of suicide ----.

A) declines as the symptoms of depression fade
B) is positively correlated with hormonal imbalances
C) peaks during night because of the lack of light
D) rises in conjunction with increasing sleep loss
E) can be lowered by embracing small changes

74. It can be understood from the passage that ----.

A) sleep related problems are too challenging to overcome
B) it is best to get up early if the goal is to get rid of suicidal thoughts
C) not all those who commit suicide are depressed
D) sleeping well is the most fundamental measure against depression
E) having a regular sleep schedule may not matter as much as previously thought
There aren't enough organs to go around and many people die waiting for transplants. As a result, a black market in organs has sprung up. A recent raid in Pakistan exposed a gang of doctors and agents who had been illegally buying kidneys from live donors. Perhaps it's time to consider a state-regulated market in organs. Or perhaps the government should buy organs itself, paying donors in cash or with healthcare benefits. In this vein, a transplantation committee in the Indian city of Aurangabad is considering a scheme that would provide free healthcare to family members of deceased organ donors. Meanwhile, some US hospitals are rewarding live donors with vouchers that can be used to obtain organs in the future. But many objections have been raised to these sorts of incentive schemes, with perhaps the most serious being that they are exploitative and coercive.

75. The passage is mainly about ----.

A) the exploitation of poor people by people dealing with illegal organ trade
B) the increasing prevalence of organ transplants as well as threats associated with it
C) the hospitals that encourage organ donation via incentives
D) the necessity of government intervention into organ transplantation
E) the increase in the number of patients waiting for an organ transplant

76. The author mentions Pakistan in order to demonstrate that ----.

A) the rising demand on organs has given rise to illegal organ trade
B) poorly equipped hospitals pose a threat to patient health
C) some doctors do not have the skillset to transplant an organ
D) the demand on kidneys has always been higher than that of others
E) live donors are hard to come across

77. It can be concluded from the passage that ----.

A) organ transplantation will soon be transformed into an industry regulated by governments
B) transplantation committees are blamed for prioritizing richer patients over the others
C) illegal organ trade claims many lives in underdeveloped countries
D) legalizing organ trade may result in the exploitation of live donors
E) medical advances have the potential to decrease the need for organ transplants
For many reasons, people may not get enough sunlight. This can be because of the clothing they wear, because they have darker skin, because their jobs keep them inside, because they live at latitudes where the sun remains low in the sky, or because they purposefully keep out of the sun. Obesity also decreases the ability of the body to use vitamin D. But restricting sunlight does not cause a problem if a person gets enough vitamin D from their diet or supplementation (vitamin D pills). There are high levels of vitamin D in foods such as oily fish, and smaller amounts in liver and egg. In some countries, foods, such as breakfast cereals and milk, are fortified with vitamin D. If a person doesn't get much sunlight, they will need to consume enough foods high in vitamin D or take vitamin D supplements.

78. It is clearly stated in the passage that ----.

A) sunlight has no alternatives in terms of providing vitamin D
B) one does not necessarily need exposure to sunlight for vitamin D intake
C) vitamin D is critical to managing weight
D) vitamin D related problems are prevalent in Northern countries
E) many people are severely allergic to sunlight

79. In order to make up for inadequate exposure to sunlight, ----.

A) some people may have to be hospitalized for a few days
B) humans have no option but to take vitamin D pills
C) people have the chance to resort to supplements and enriched foods
D) it may be necessary to consume more food than usual
E) fruit intake may have to be increased

80. What could be the best title for the passage?

A) Benefits of Vitamin D Rich Foods
B) Alternatives Sources of Vitamin D
C) How Often to Walk in Sunlight
D) The Necessity of Vitamin D Pills
E) Ways to Increase Vitamin Intake
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